



# Westbrook World

Westbrook Lane Primary School, Horsforth, Leeds, LS18 5AH (0113 258 7913)



## Black History Month

Class 6 enjoyed researching, and presenting to the class, information about their heroes during Black History Month. They explored a wide range of people, from civil rights campaigners such as Martin Luther King and Rosa Parks, to sporting superstars like Lewis Hamilton and Lucas Radebe.

*'I found out about someone who I didn't know before – Mary Seacole.'* Amy

*'It was fun learning about other people's heroes.'* Mason

*'I didn't know there were so many black heroes who have done great things in the world.'* Nancy



## We are Scientists

This half term, Year 5 have been developing their scientific investigation skills. They have been learning to plan experiments, thinking carefully about all the variables they can change, keep the same, measure or observe to ensure accurate and fair testing. They set up an experiment investigating oxidation, particularly in nails. Miss Hall said, 'Some of our enquiry questions included, 'What liquids make nails go rusty?', 'What types of nails go rusty?', 'Does the heat of the water affect how quickly the nails go rusty?'

Year 5 didn't stop there – they also set up experiments to investigate thermal insulation. Half the class set up an experiment to see which materials would keep high temperature water hotter for longer. The other half wrapped up ice cubes in different materials to see which would keep the ice cube frozen for longest.



*'I liked the oxidation experiment. My team tested different liquids (water, vinegar and lemon juice) to see if they made the nails rust.'* Isobel

*'I enjoyed measuring the ice cubes and seeing how they melted. You had to be quick and accurate.'* Evan

*'I enjoyed watching the ice cubes melt. I found out that the ice cube wrapped in tin foil melted slower than an cube ice unwrapped.'* Evie

*'I liked the rusting experiment because I liked looking to see how the nail changed and if it had formed rust or not.'* George



## Music with Sam

This term, Reception have been enjoying music with Sam from Art Forms. They have been beginning to build a repertoire of songs and dances and exploring different musical instruments.



*'I Like Singing!'* Bianka

*'Music is so much fun, I like the songs Sam sings with us!'* Alice.

*'Sam has a toy mouse called Nicolas that sings with us.'* Oscar

## Romans in Class 4



Class 4 were enthralled by their visitor, Flavia. She brought with her many artefacts which were replicas of things found from the Roman period. The class were able to handle them and they learnt about Roman life as Flavia talked about how and what the Romans used each artefact for.



My favourite bit was ...

*'Learning how to play Tabla Lusoria with the counters.'* Sierra

*'All of it!'* Jacob

*'When I held a Roman sword.'* Milo

*'When I got to try on a helmet, it was very heavy and shiny and with it came something like a night cap to go under it.'* Noah

*'When Flavia made a spark with a flint and steel.'* Isaac

I was surprised when I learnt about...

*'The toilets!'* Harriet

*'In the bathrooms there were no cubicles and they shared the same cleaning tool!'* Ayaan

*'Combs being made of bone!'* Hettie

*'How they held their shields in that way to make the turtle with their shields. I was fascinated by how they could live like they did!'* Emilia

*'How they wrote to each other using wax and then reused it to respond.'* Bethany

## Class 2 Explore with Scott

In class 2 they have been learning about Scott's expedition to the Antarctic. Mr Campleman said 'The children have produced some fantastic work in this topic and have been excellent historians. I hope you enjoy learning all about the Terra Nova Expedition from the children's amazing posters!'

*'Even though he wasn't first he was still a hero!'* Otis



*'I enjoyed learning about Lawrence Oates.'* William

*'I enjoyed learning about the man that beat him to the South Pole – Roald Amundsen.'* Rory.



## Class 3 are food inspectors

Class 3 have been investigating seasonal UK foods and developing their cooking skills.



Children had to design a vegetable tart which included a wide

range of different nutrients, they used the idea of rainbow vegetables to help them.

*'I liked the vegetable tarts because I tried new types of carrots.'* Billy

*'I enjoyed making the Japanese kebabs and I tried new foods.'* Sophie B

*'I liked the vegetable tarts. I chose the red onion, sweetcorn and rainbow carrots because of different nutrients.'* Esme

*'It is important to eat seasonally so that planes don't have to bring our food, which is bad for the environment'* Gabe



## London in quotes by year 1

*'It is the capital city of England.'* James T

*'London is important because the queen lives there and Boris Johnson is the prime minister.'* William

*'I'm interested in the spark that came out of the oven in the bakery in Pudding lane that started the Fire of London.'* Yasmin

*'I like the Gherkin, London Eye and Big Ben.'* James M

*'The London Eye goes up high so you can get a view!'* Bianca

*'Saint Paul's Cathedral had a dome on it.'* Daniel

*'I like the houses of Parliament– it was interesting when Guy Fawkes tried to blow them up.'* Jim and Sidney

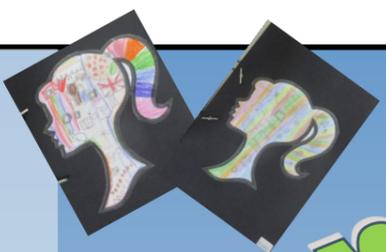
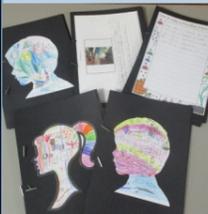
*'Samuel Pepys buried his cheese so it wouldn't burn!'* Jim

*'They pulled the houses down so the fire wouldn't spread.'* Eddison



### Self Knowledge

Class 2 enjoyed creating books all about themselves. They were tasked with finding out about their family, thinking about their interests and the qualities of a good friend. The children really enjoyed creating their self portraits; these were filled with pictures and words that described themselves.



# Mental and emotional wellbeing

### Kind Hands

During anti-bullying week, Reception did a circle time about 'what makes a good friend'. They listened to others' ideas, demonstrated friendly behaviour and showed that they are forming good relationships with peers and familiar adults. 'We all decorated a hand to show that we are all different.' Miss Hutchinson



'I like how the Colour Monster is happy.'

Rohan



'My favourite colour is green because the monster was calm and relaxed!' Frances

'The Colour Monster is all muddled up with his feelings.' Bianca

### The Colour Monster

Year 1 read 'The Colour Monster' and talked about feelings and emotions. 'You would need to read the book to find out about the Colour Monster, the best bit is at the end, I liked it when it showed that he felt loved!' Imogen



'It helps you the most with your feelings.'

'It helps me with emotions—the hardest one to have is the scared one! My favourite one is peace—the green one.'



### Team Spirit

Class 6 are enjoying working as a team this year to collect class reward points which can then be turned into treats. This is developing a real team spirit within the class, and a desire to work hard for each other, as well as celebrating each other's achievements. As they have been reading the novel Goodnight Mr Tom, the children chose to watch the film version as their latest reward. Even more exciting than that, they all brought special treats from home to enjoy while they watched the film – a good afternoon was had by all!



'Class points are great because we can earn a prize at the end. They motivate us to behave well and do better with our work. We also have to work really hard as a team.' Eshaal and Erin B

### Mindfulness Techniques

Class 3 have been practising some mindfulness techniques. They have practised 'being in the moment' by noticing what sounds they can hear, what they can feel in their bodies, and having an object of attention to use all their senses to explore.



'They are good techniques because they make you calm.' Sammy

'They are calming.' Summer

'I would use the sounds technique to help me calm down.' Tess



### Mindful Eating in Y5

We did some 'chocolate meditation', where we had a small chocolate button to eat. Before eating it, we had to feel, weigh, smell and gaze at the chocolate, whilst relaxing the body. We could then slowly put the button in our mouth and let the chocolate melt on our tongue. We had to focus on the sensations we could feel in our body and breathe deeply.



'I loved the mindful eating. It was so yummy and relaxing.' Frances

'The mindful eating was fun. The chocolate tasted nicer because it had to melt in our mouths.' Esme



### Good Friends

Year 4 have been looking at how they can be a good friend. During anti-bullying week, a nationally organised event, the children looked at the part they can play to ensure bullying doesn't happen. As part of this, they looked at how they can support one another, and if they did see someone upset, the importance of not being a bystander. Above all, the message the children took away was that to prevent bullying, the best thing to do is to be a good friend. Here are some of the thoughts of the Year 4 children on how you can do that.

'Be welcoming to new people.' Noah

'To be a good friend, you should be kind and fair.' Milo

'A good friend is someone who is patient and will look after you.' Sierra

'Don't always play the game you want to play, play games that others like.' Harriet.

